



**University  
of Basel**

University Sports Services

**UNI.SPORT**



**Welcome to University  
Sports Services Basel**

## Information

---

University Sports Services	3
Dates	3

## Eligibility

---

Students from Swiss universities	4
Students from foreign universities	4
University of Basel lecturers, employees and visitors / Employees of associated institutes	4
University of Basel alumni	4
High school and Passerelle students from the cantons BS and BL	4

## Registration

---

Mandatory registration	5
Late registration	7
Waiting list	7
Cancellation	7

## Special notices

---

Access control	8
Athletic shoes	8
Corona rules of conduct and protection concept University Sports	8
Course cancellation	8
Course evaluation and feedback	8
Health requirements	9
Insurance	9
Sports hall capacity	9
Theft / lost property	9

### **Please note:**

- This is a translation from the German original. It is provided for information purposes only and has no legal force.
- Program and website as well as all correspondence are in German.
- The language of instruction is German, unless indicated otherwise.

# Information

---

## University Sports Services

---

Contact for Secretary's Office	University Sports Services Basel Kollegienhaus, Petersplatz 1, Ground Floor (Office 025) Telephone: + 41 (0) 61 207 30 58 Email: <a href="mailto:unisport@unibas.ch">unisport@unibas.ch</a>
Homepage	<a href="http://www.unisport.ch">www.unisport.ch</a>
Reception	For your questions and requests we are available by email ( <a href="mailto:unisport@unibas.ch">unisport@unibas.ch</a> ) or by phone (061 207 30 58).  Due to Corona, the reception in the Secretary's Office is closed until further notice. A visit of the reception is only possible upon appointment by telephone (061 207 30 58).

## Dates

---

University Sports 2020 fall semester	Monday, September 14, 2020 to Saturday, December 19, 2020
Vacations/public holidays	University Sports will not take place on: Friday, November 27, 2020 (Dies academicus) Monday, December 21, 2020 to Saturday, January 2, 2021 (Christmas vacation)
Winter 2021 semester break	Monday, January 4, 2021 to Friday, Februar 19, 2021, reduced training program (as per separate listings).
University Sports 2021 spring semester	Monday, March 1, 2021 to Saturday, June 5, 2021

# Eligibility

## Students from Swiss universities

---

**Provided they are in possession of a student ID, the following groups are entitled to participate in University Sports:**

- Students enrolled at the University of Basel
- Students enrolled at other Swiss universities (including ETH and EPFL)
- Students enrolled at the University of Applied Sciences and Arts Northwestern Switzerland (FHNW)

**Provided they are in possession of the yellow BZG sports ID, the following group is entitled to participate in University Sports:** Students from the Bildungszentrum Gesundheit BZG in Basel (physiotherapy students only). To be issued with a free yellow sports ID, simply bring a valid BZG student ID (for physiotherapy courses) to the University Sports secretary's office.

## Students from foreign universities

---

**Provided they are in possession of the yellow foreign student sports ID, the following group is entitled to participate in University Sports:** Students enrolled at foreign universities (only universities with classroom-based learning). To be issued with a free yellow foreign student sports ID, simply bring a valid student ID to the University Sports secretary's office.

## University of Basel lecturers, employees and visitors / Employees of associated institutes

---

**Provided they are in possession of a personal and validated UNICard for the University of Basel, the following groups are entitled to participate in University Sports:**

- University of Basel lecturers and employees (UNICard «M»)
- Persons in possession of a personal UNICard «E» (with a photo) for the University of Basel

**Provided they are in possession of the green sports ID, the following group is entitled to participate in University Sports:**

- University of Basel lecturers who do not have an UNICard.
- Employees from University of Basel associated institutes

To be issued with a free green sports ID, simply bring evidence of your employment relationship (teaching assignment or employment contract) to the University Sports secretary's office.

## University of Basel alumni

---

**Provided they are in possession of the red alumni sports ID, the following group is entitled to participate in University Sports:** Former students with a degree from the University of Basel, no age restrictions. To be issued with a red alumni ID, simply bring a degree from the University of Basel to the University Sports secretary's office. Cost per semester: CHF 180.

## High school and Passerelle students from the cantons BS and BL

---

**Provided they are in possession of the yellow sports ID, the following groups are entitled to participate in University Sports:**

- High school students from the cantons BS/BL\*, aged 16 and above (gym: aged 18 and above). Cost per semester: CHF 80 (full-time Matura students) or CHF 180 (part-time Matura students).
- Passerelle students from the cantons BS/BL. Cost per semester: CHF 80.

To be issued with a yellow sports ID, simply bring a valid school ID to the University Sports secretary's office.

\* High school students from Basel-Landschaft and from the Basel-Stadt Wirtschaftsgymnasium must present written confirmation from their school to verify that they are studying for their Matura.

# Registration

## Mandatory registration

---

Due to Corona all offers of the fall semester 2020 are mandatory with registration. Registration is only possible online at [www.unisport.ch](http://www.unisport.ch).

The courses are divided into **semester courses, courses 1st series** (14.09.2020-30.10.2020) and **courses 2nd series** (02.11.2020-18.12.2020) as well as **day events/workshops**.

The staggered course registration for the **semester courses** and **courses of the 1st series** as well as the **day events/workshops** will start on Tuesday, 01.09.2020 (8.00 a.m.).

The staggered course registration for the **courses of the 2nd series** (02.11.2020-18.12.2020) will start on Tuesday, 20.10.2020 (8.00 a.m.) and Wednesday, 21.10.2020 (8.00 a.m.).

### A. Login and online test registration

Online test registration is available at [www.unisport.ch](http://www.unisport.ch) from Tuesday, August 25, 2020. Test your login data as follows:

#### 1. University of Basel students and employees

When signing up for new courses, University of Basel students and employees use their user name and password for their personal University of Basel account (SWITCHaai).

#### 2. Students from the University of Applied Sciences and Arts Northwestern Switzerland (FHNW)

FHNW students must request a «Unisport password» from [www.unisport.ch](http://www.unisport.ch) by entering their FHNW email address.

#### 3. All other persons entitled to participate in University Sports

Use the online test registration to test your «Login Unisport». If you haven't got any login details, you can request a Unisport password from [www.unisport.ch](http://www.unisport.ch) by entering your email address.

If the test registration is not successful, please contact the University Sports secretary's office, making sure you have proof that you are entitled to participate in University Sports for the 2020 fall semester.

### B. Online registration

#### Staggered online registration for semester courses, courses 1st series (14.09.2020-30.10.2020) and day events/workshops from:

Tuesday, September 1, 2020, 8:00 a.m.:

**body & mind:** autogenic training, barre training, bodyART®, meditation, mental strength for exams, back training

Tuesday, September 1, 2020, 9:00 a.m.:

**body & mind:** pilates

Tuesday, September 1, 2020, 10:00 a.m.:

**body & mind:** power yoga

Tuesday, September 1, 2020, 11:00 a.m.:

**body & mind:** tai chi, yoga

Tuesday, September 1, 2020, 12:00 a.m.:

**body & mind:** Saturday trainings

Wednesday, September 2, 2020, 8:00 a.m.:

**fitness:** body toning, crosstraining

Wednesday, September 2, 2020, 9:00 a.m.:

**fitness:** boot camp, crossfit

Wednesday, September 2, 2020, 10:00 a.m.:

**fitness:** deepWORK®, fitness boxing, fitness dance, functional circuit, functional range conditioning Hula-Hoop

Wednesday, September 2, 2020, 11:00 a.m.:	<b>fitness:</b> indoor cycling, kick power, fitness training, running training
Wednesday, September 2, 2020, 11:00 a.m.:	<b>fitness:</b> Les Mills BODYPUMP™, mixed impact, P.I.I.T
Wednesday, September 2, 2020, 14:00 a.m.:	<b>fitness:</b> pole fitness, step and toning, TRX® Group Suspension Training®, ZUMBA
Wednesday, September 2, 2020, 15:00 a.m.:	<b>fitness:</b> Saturday trainings
Thursday, September 3, 2020, 8:00 a.m.:	<b>team &amp; ball sports:</b> ice hockey, soccer, futsal, quidditch
Thursday, September 3, 2020, 9:00 a.m.:	<b>team &amp; ball sports:</b> beachvolleyball, volleyball
Thursday, September 3, 2020, 10:00 a.m.:	<b>team &amp; ball sports:</b> tennis
Thursday, September 3, 2020, 11:00 a.m.:	<b>team &amp; ball sports:</b> badminton, golf, padel, squash, table tennis
Thursday, September 3, 2020, 12:00 a.m.:	<b>team &amp; ball sports:</b> basketball, frisbee/ultimate frisbee, floorball, dodgeball
Friday, September 4, 2020, 8:00 a.m.:	<b>dance:</b> bachata, ballet, contemporary
Friday, September 4, 2020, 9:00 a.m.:	<b>dance:</b> disco fox, ballroom dance, jazz dance, lindy hop, modern
Friday, September 4, 2020, 10:00 a.m.:	<b>dance:</b> salsa, shuffle dance, streetdance / hip-hop, tango nuevo, west coast swing
Friday, September 4, 2020, 11:00 a.m.:	<b>acrobatics, combat sports &amp; martial arts, shooting</b>
Friday, September 4, 2020, 12:00 a.m.:	<b>mountaineering &amp; adventure, winter sports</b>
Friday, September 4, 2020, 14:00 a.m.:	<b>water sports</b>
Friday, September 4, 2020, 15:00 a.m.:	<b>cycling &amp; roller sports, additional offers for employees</b>

Due to maintenance work on the network, online registration is interrupted from Saturday, 05.09.2020 to Sunday, 06.09.2020.

**Staggered online registration for courses of the 2nd series (02.11.2020-18.12.2020) from:**

Tuesday, October 20, 2020, 8:00 a.m.:	<b>body &amp; mind:</b> autogenic training, barre training, bodyART®, meditation, back training
Tuesday, October 20, 2020, 9:00 a.m.:	<b>body &amp; mind:</b> pilates
Tuesday, October 20, 2020, 10:00 a.m.:	<b>body &amp; mind:</b> power yoga
Tuesday, October 20, 2020, 11:00 a.m.:	<b>body &amp; mind:</b> yoga
Tuesday, October 20, 2020, 14:00 a.m.:	<b>acrobatics, combat sports &amp; martial arts, dance</b>
Tuesday, October 20, 2020, 15:00 a.m.:	<b>water sports, additional offers for employees</b>
Wednesday, October 21, 2020, 8:00 a.m.:	<b>fitness:</b> body toning, crosstraining
Wednesday, October 21, 2020, 9:00 a.m.:	<b>fitness:</b> boot camp, crossfit
Wednesday, October 21, 2020, 10:00 a.m.:	<b>fitness:</b> deepWORK®, fitness boxing, fitness dance, functional circuit, functional range conditioning
Wednesday, October 21, 2020, 11:00 a.m.:	<b>fitness:</b> indoor cycling, kick power, fitness training, running training
Wednesday, October 21, 2020, 12:00 a.m.:	<b>fitness:</b> Les Mills BODYPUMP™, mixed impact, P.I.I.T
Wednesday, October 21, 2020, 14:00 a.m.:	<b>fitness:</b> pole fitness, step and toning, TRX® Group Suspension Training®, ZUMBA

Thursday, October 22, 2020, 8:00 a.m.:  
Thursday, October 22, 2020, 9:00 a.m.:  
Thursday, October 22, 2020, 10:00 a.m.:  
Thursday, October 22, 2020, 11:00 a.m.:

**team & ball sports:** soccer, futsal  
**team & ball sports:** beachvolleyball, volleyball  
**team & ball sports:** badminton, squash, table tennis  
**team & ball sports:** basketball, floorball, dodgeball

### **C. No registration at reception**

Due to Corona there will be no counter registration in the fall semester 2020. The secretariat of the University Sports Department is available for questions and requests.

### **D. Course fees/registration fees**

Course fees must be paid online upon registration using the secure Saferpay payment method with Postcard, Mastercard, Visa or TWINT.

### **E. Note**

Registration is always for a particular person and cannot be transferred. The registration is valid for the whole course duration. Persons without registration are not entitled to take part in the courses, registration at the course location is not possible.

## **Late registration**

---

Registration after the close of registration can take place only on a case-by-case basis for weekly courses with free spaces. If you are interested in registering for one of these events, please send an email to [unisport@unibas.ch](mailto:unisport@unibas.ch).

Late registration for day events, weekends, workshops, and camps is not permitted once registration is closed.

## **Waiting list**

---

If a course is fully booked, you can add your name to the waiting list by email ([unisport@unibas.ch](mailto:unisport@unibas.ch)) until the registration deadline. Places that become available will be allocated to participants in the order they appear on the waiting list until the registration deadline. For organizational reasons, no more places can be allocated after the registration deadline.

## **Cancellation**

---

The following applies to cancellations **before** the registration deadline:

- for course/entry fees up to CHF 30: no refund
  - for course/entry fees over CHF 30: refund of course/entry fee minus processing fees of CHF 30.
- Course/entry fees will not be refunded if the cancellation is received **after** the registration deadline.

We recommend that participants take out cancellation fee insurance.

# Special notices

## Access control

---

Access control is provided by an external security firm. Entry is only possible with a valid Swiss student ID, employee ID/visitors' pass for the University of Basel or a sports ID for the corresponding semester (incl. semester break).

## Athletic shoes

---

We request that all participants wear only indoor athletic shoes in the sports halls (no black soles). Outdoor footwear should not be worn.

## Corona rules of conduct and protection concept University Sports

---

Currently, special rules of conduct and the protection concept of university sports apply. Our course instructors check the attendance list so that Corona contact tracing can be ensured if necessary. For your own protection and the protection of others, these rules must be observed.

### Corona rules of conduct

- I only attend trainings/courses for which I have registered online in advance and contact tracing is possible.
- If I do not feel healthy, I do not take part in the training.
- I keep a distance of 1.5 m to other people whenever possible.
- I wash my hands before and after the training.
- I arrive on time, if possible already changed, and leave the training and the facility quickly after the lesson.
- I follow the regulations of the training location and wear a mask if required on the school premises (not in the exercise room).
- I cover the seating and lying areas on material completely with my own clean towel.
- I follow the instructions of the course instructors, who are responsible for compliance with the applicable protection concepts.

The current version can be downloaded from our website [here](#).

### Protection concept University Sports

The current version of the protection concept (available in German only) can be downloaded from our website [here](#).

## Course cancellation

---

If the minimum number of participants is not achieved or in the event of force majeure (e.g. weather conditions), courses may be canceled. Participants will be informed as soon as possible and paid course fees will be refunded. Participants are not entitled to compensation.

## Course evaluation and feedback

---

The courses are evaluated each semester. We appreciate all feedback sent via the feedback form on [www.unisport.ch](http://www.unisport.ch).



## **Health requirements**

---

The Unisport offering is aimed at participants who are in good health. Anyone experiencing health problems is advised to undergo a medical check-up before participating.

## **Insurance**

---

Accident and health insurance is the individual participant's responsibility. Unisport accepts no liability. Cancellation fee insurance is recommended.

## **Sports hall capacity**

---

For security reasons, capacity is limited for certain sports halls. Trainers are authorized to refuse entry to the hall when the maximum limit has been reached.

## **Theft / lost property**

---

We recommend that you take all valuables into the classrooms with you.

In the event of theft, we recommend that you report the offence to the police immediately (possible at any police station). University Sports Services accept no liability.

If you have left personal items in Leonhard-Schulhaus, please contact the caretaker, Mr. Gomm (tel: 061 267 55 10).



**Educating  
Talents**  
since 1460.

Universität Basel  
Petersplatz 1  
Postfach 2148  
4001 Basel  
Switzerland

[www.unibas.ch](http://www.unibas.ch)  
[www.unisport.ch](http://www.unisport.ch)