



University  
of Basel

# Café international

## Online Intercultural Coaching

in Collaboration with  
the International Coaching  
Federation Switzerland (ICFS)

**Date: Monday, May 17, 2021**

**Time: 16:00 – 17:30**

**Venue: Online on Zoom**

The Language Center and Office for National and International Cooperation invite you to the next Café international. For the first time, we will be offering online intercultural coaching in English, German, and possibly other languages on the topic:

## Defying challenging times – staying confident in an international environment

All beginnings are hard, including when one goes to a new country and culture to study or to pursue a new professional challenge. The next Café international will focus on these challenges for university members (students and postdocs) from abroad and will also consider the additional difficulties presented by the pandemic.

**ONLINE-COACHING** Together with the Swiss chapter of the **International Coaching Federation** (ICF; [www.coachingfederation.ch](http://www.coachingfederation.ch)), we are excited to offer you individual coaching online on the occasion of International Coaching Week. The ICF defines coaching as a partnership between coach and coachee. The coaching conversation is a thought-provoking and creative process that inspires the coachee to reflect on and expand their personal and professional potential.

In confidential individual conversations in breakout rooms, members of the university will be able discuss topics that pose or could pose intercultural challenges to them with professional coaches for 30 minutes. Topics may include dealing with loneliness and new demands, setting a professional focus, and learning particularities of communication at Swiss universities. The coaching will be based on individual questions and will allow for the development of solutions. This will strengthen participants' self-confidence and unlock new energy and perspectives.

After the one-on-one meetings online, there will be an opportunity to share new insights and discuss intercultural topics in a plenary session with the coaches and the Café international organizers. Like all Café international events, this event is free of charge and will be held in English, German, and – depending on the language match with the coach – also in other languages such as French or Italian.

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**DATE & TIME** Monday, 17 May 2021, 16:00–17:30 (30 min. coaching tandem, ca. 60 min. discussion in a plenary session and conversation in a breakout room).

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**PLACE** Online on Zoom; you will receive a link after registering.

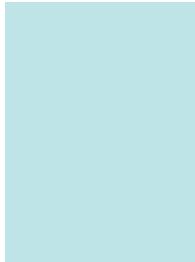
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**REGISTRATION** until Tuesday, 4 May 2021, by e-mail > [welcome@unibas.ch](mailto:welcome@unibas.ch)  
The number of participants is limited; spots will be allotted on a first-come, first-served basis.

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**CONTACT** Welcome & Euraxess Center, [welcome@unibas.ch](mailto:welcome@unibas.ch)  
Christiane Kosub, [Christiane.kosub@coachingfederation.ch](mailto:Christiane.kosub@coachingfederation.ch), <https://www.icf-events.org>

We look forward to your participation!



# **Educating Talents since 1460.**

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