

## Welcome to the Unisport Fitnesscenter

We are delighted that you have decided to join the Unisport Fitnesscenter. We will do all we can to ensure that you have a pleasant time with us. In the interest of maintaining order and impeccable hygiene we do, however, rely on your cooperation, and would like to take this opportunity to highlight the most important points in our rules and regulations. We kindly ask you to comply with the hygiene rules and to follow instructions given by staff. We appreciate your support.

## Rules and Regulations for the Unisport Fitnesscenter

### Eligibility

All persons aged 18 or over and who fulfil the university sport conditions of participation are authorized to use the Unisport Fitnesscenter.

### Entering and leaving the center

After purchasing a single-entry ticket, you will receive a chip wristband for check-in. The chip wristband must be returned to the reception before leaving the centre.

### Working out in the Unisport Fitnesscenter

Working out in the Unisport Fitnesscenter is possible during the usual opening hours and up to 30 minutes before closing.

### Hygiene

Use of a towel for sweat-absorbance is obligatory. Towels can be borrowed from reception for a fee and must be returned personally before leaving the centre.

The fitness and exercise rooms may only be used with clean sports clothing. Access to the fitness areas is only permitted with clean and non-marking sports shoes. Wearing sports shoes that are also worn on the streets is not permitted.

Persons with infectious diseases who could be deemed a risk to others can be temporarily excluded from fitness training in the Unisport Fitnesscenter. Persons with skin conditions or open wounds must ensure that the affected areas of the body are covered up where necessary.

In the interest of the comfort and wellbeing of all concerned, persons with strong body odor are requested to take appropriate measures, amongst other things showering before working out.

The fitness equipment, in particular endurance machines, is to be wiped clean after use to remove sweat and other traces. Cleaning products and paper are provided.

### Personal belongings

The Unisport Fitnesscenter is not liable for personal belongings, for example clothing, valuables, electronic devices or money, or for any defects in personal belongings. Liability is also excluded for items not securely stored in the locker rooms or for items otherwise left in the Fitnesscenter and at the reception desk. The member is re-sponsible for taking out insurance covering personal belongings.

### Mutual consideration

Mutual consideration is essential so as to ensure that all members are able to work out in the Unisport Fitnesscenter without interference. The personal boundaries and privacy of other members are to be respected. It is forbidden to take photographs of or to film other members in the fitness areas, the locker rooms and the wet areas. Please be considerate of other members and refrain from talking on your cellphone during workouts in the fitness areas and in the locker rooms. Listening to music during a workout is only permitted with headphones.

### Food and drink

For hygiene reasons, food and drink may only be consumed in the reception area. Only drinking bottles with screw tops or suction lids may be taken into the workout areas. Glass bottles and aluminum cans are not permitted in the workout areas.

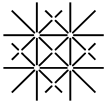
### Order in the fitness room

Free weights and other fitness equipment must be returned to where they were taken from after use. Weight plates from the weight training machines and/or the weight bars must be removed and returned after use.

### Locker rooms and wet area

Streetwear must always be placed in a locker in the locker room. We kindly ask you not to hang up or leave any sweaty clothing lying around in the locker rooms so that all members have unrestricted use of these spaces. Sports bags are to be stored in the locker rooms whilst members are at the Unisport Fitnesscenter. In the interest of members, the locker rooms and wet areas are inspected by members of staff (in the case of staff shortages also by staff of the other sex).

Adhesive plasters become detached from the skin in the wet area and must therefore be removed before entering the wet area. Before leaving the drying off area, the entire body should be dried off thoroughly. As we like to say: In the



Unisport Fitnesscenter you can work out and regenerate, but please wait until you get home before shaving, cutting nails, coloring hair or applying facial masks.

**Lost property**

Items of lost property handed in will be kept at the Unisport Fitnesscenter for up to one month and then donated to a charitable institution. No right exists to reclaim such property.

**Accidents and injuries**

Use of the fitness equipment and of any additional offers of the Unisport Fitnesscenter is at the member's own risk. The Unisport Fitnesscenter assumes no liability for any damage resulting from an accident, injury or illness. The member is responsible for taking out appropriate insurance. It is important to recognize that in the fitness room, the exercise room and in the wet area, individual performance capabilities can easily be overestimated. In order to prevent accidents and injuries, the Unisport Fitnesscenter recommends following the instructions of staff and reacting to physical indications such as pain, discomfort or dizziness, if necessary taking a break from the workout. Where appropriate it is also recommended to undergo a physical medical examination before commencing fitness training. Working out under the influence of alcohol or drugs is forbidden.

**Booking of additional services and purchase of items**

The booking of additional services provided by the Unisport Fitnesscenter and the purchase of items from the vending machines are binding. The fees for such additional services or the amounts paid for items purchased are non-refundable.

**Daily cleaning**

The Unisport Fitnesscenter ensures that – usually before opening – appropriate and thorough cleaning and where necessary disinfection is carried out of the entire facility, equipment, locker rooms and wet area. During the day, all areas are monitored and cleaned again where necessary by Unisport Fitnesscenter staff.

**Thank you for your training visit.**

Current as of September 2025

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I hereby expressly confirm that the use of the facility is at my own risk and that I accept the above Rules and Regulations for the Unisport Fitnesscenter.

Surname ..... First name .....

Basel, dated ..... Signature .....

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